

# **MBA COVID-19 PREPARATION PLAN**

UPDATED: September 27, 2021

This Montgomery Basketball Association Preparation Plan has been prepared based on "Public Health Recommendations for Youth Sports" dated 9/20/2021 published by the New Jersey Department of Health (NJDOH), relevant Executive Orders issued by the NJ State Governor, applicable guidance of the Centers for Disease Control and Prevention (CDC) with respect to youth sports activities, and in consultation with the Montgomery Township Health Department. As information and guidance changes, this Plan will be updated.

MBA Points of Contact:	Laura Leacy Kyler, President
	Laura Buckley, M.D., MBA Board Member
	Amy Vannozzi, Sean Murray - Travel Directors
	Ryan Quillan – 5-12 Recreation Director

Practices and competitions for indoor and outdoor organized sports, including basketball, are currently permitted.

## CDC and NJDOH COVID-19 Information

Parents are encouraged to be knowledgeable of the most recent information on COVID-19 and to be familiar with the guidelines published by the CDC and NJDOH on COVID-19 related symptoms, exposure, and quarantine requirements. Current information may be found on <u>www.cdc.gov</u> and <u>www.nj.gov/health/</u>

Social Distancing Guidelines/Face Coverings

- All MBA Board members, travel directors and volunteer coaches will help remind coaches/parents/players/spectators of social distancing guidelines and health and safety protocols.
- Social distancing is encouraged for all athletes when not actively participating in on-court activities, coaches, referees, trainers, and spectators, in both indoor and outdoor settings, regardless of vaccination status.
- In accordance with District policy, all individuals, regardless of vaccination status, must wear a face covering at all times while in any Montgomery District school gym, with the exception of players on the court as set forth below.
- Players are not required to wear a face covering when engaged in vigorous activity on the basketball court; however any player who is not fully vaccinated is strongly encouraged to wear a mask while on the court. When players are not engaged in activity on the basketball court (such as sitting on the sideline or bench, walking to or from the court), players must wear a face covering.

## Compliance with CDC/NJDOH Guidelines:

- As part of the MBA registration process, all players/parents and coaches will be required to acknowledge that they have read and are familiar with CDC/NJDOH guidance on COVID-19. No player will be allowed to participate in practice until registration is completed.
- Parents are encouraged and expected to continue to monitor their children for signs of illness, including COVID-19 related symptoms, before participation in any MBA activity, practice or game.
- Parents should take their child's temperature before each game/practice and must keep their child home if it is above 100.4
- Any individual who is experiencing symptoms of COVID-19 or has tested positive for COVID-19 will not be permitted to participate in any MBA activity until such time as they are permitted to return to play pursuant to applicable CDC/NJDOH Guidelines.
- If any individual develops symptoms of COVID-19 during an MBA activity, they must promptly inform their coach and they will be separated immediately from others and sent home with a parent or guardian.
- Any individual who has had close contact with a person with COVID-19 will not be allowed to
  participate in any MBA activity until such time as they are permitted to return to play pursuant to
  applicable CDC/NJDOH Guidelines.
- Any unvaccinated player or coach who has traveled to a state outside of New Jersey, New York, Pennsylvania and Delaware for more than 24 hours within 10 days of any MBA activity will not be allowed to participate in any MBA activity for the duration of the required quarantine period.
- The MBA will cooperate with the Montgomery Township Health Department on contact tracing.

# Arrival at practices/games

- Before arrival, please utilize good hygiene practices and wash hands
- Bathrooms and/or hand sanitizer will be available during all practices/games for regular hand washing.
- Each player should bring his/her own water bottle/drink to each practice and game.
- Each player should bring his/her own basketball to each practice.

## Conduct during practices/games

- In addition to NJDOH/CDC guidelines and this MBA Preparation Plan, all players, coaches, parents and spectators will abide by the rules/guidelines of each facility or gym where each practice or game is held.
- MBA reserves the right to limit the amount of spectators at practices and games.
- Players and coaches shall not share water bottles/drinks.
- Handshakes, high-fives or close team huddles should be avoided.
- Shared MBA equipment should be wiped and sanitized in between practices